



Resources during COVID-19 Pandemic

YOU can help reduce the spread of COVID-19:

- Wear your mask when in public.
- Avoid enclosed spaces with groups of people.
- Get tested if you have cold or flu-like symptoms - [Find testing locations](#)
- Stay six feet away from others.
- Cover your coughs and sneezes with your elbow or sleeve, or a tissue and then throw the tissue in the trash and wash your hands afterwards.
- Washing your hands often with soap and water for 20 seconds, especially after going to the bathroom or before eating. If soap and water are not readily available, use an alcohol-based hand sanitizer that contains at least 60% alcohol.
- Avoid touching your face – especially your eyes, nose and mouth – with unwashed hands.
- Up-to-date guidance is available from the [Department of Health](#).

The following pages contain some information that you may find useful during the ongoing COVID-19 pandemic. We will update this document as more resources become available. Topics covered are:

- Food
- Where to find assistance
- Housing
- Employment
- Child Care
- Public Transportation
- FAQs for students



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STAY INFORMED

<https://www.health.state.mn.us/diseases/coronavirus/mn.gov/covid19> to learn about Minnesota's COVID-19 Response and Preparation

FIND A COVID-19 TESTING LOCATION IN MINNESOTA

<https://mn.gov/covid19/for-minnesotans/if-sick/testing-locations/index.jsp>

CENTERS FOR DISEASE CONTROL: Know how to protect yourself

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

MINNESOTA HELPLINE

For answers to your questions related to the COVID-19 pandemic, call 651-297-1304 or 1-800-657-3504
Hours: Monday through Friday, 8:00 AM to 4:30 PM

MENTAL HEALTH RESOURCES

<https://mn.gov/covid19/for-minnesotans/get-help/mental-health.jsp>

PERSONAL SAFETY AT HOME: If you are experiencing domestic abuse, sexual violence, or sex trafficking, contact the Minnesota Day One Crisis Line. It operates 24/7 at 1-866-223-1111 or by text at 621-399-9995. <http://www.dayoneservices.org/>



Resources during COVID-19 Pandemic

Food

HUSKIES FOOD PANTRY, St. Cloud State University

- Non-Perishables foods and other essential needs like hand soap, toothpaste, detergent
- Located in the Miller Center (SCSU Library), second floor
- E-mail: foodpantry@stcloudstate.edu
- Website: <https://www.stcloudstate.edu/huskiesfoodpantry/>
- Phone number **320-371-1366**
- Hours (subject to change):
Tuesday, 8:30 AM - 4:00 PM
Friday, 8:30 AM - 4:00 PM

PATHWAYS TO YOUTH

- *During COVID-19*, Pathways will be handing out food two days a week for youth 24 and under. They do not need to be housing insecure.
- Call Whitney **320-309-8408**

THE CATHOLIC CHARITIES EMERGENCY SERVICES FOOD SHELF

- Catholic Charities Emergency Services Food Shelf provides a 5-7 day supply of food to households in the St. Cloud, Sauk Rapids, Sartell, St. Augusta and Waite Park communities.
- Located at 157 Roosevelt Rd #100, St Cloud, MN 56301. Right off Division and across the street from O'Reilly Auto Parts.
- *During COVID-19*, Catholic Charities is handing out prepackaged food on Wednesday (3PM-7PM) and Friday (9am-12pm). *Note: one food package per household per month.*
- Phone number: **320-229-4560**

SALVATION ARMY

- Tuesdays and Thursdays 9:00 -11:00 AM and 1:00 – 3:00 PM
- *During COVID-19*, they will hand out boxes of food.
- From 11-1 PM, bagged lunch is available.



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Where to find assistance

BRIDGE TO COMMUNITY RESOURCES:

- Offers a *Sustain Grant* for students who are seeking temporary assistance, focusing on food, internet, gas, and other assistance that individuals specifically request.
- *BRIDGE TO BENEFITS* (in Brown Hall, room 203, SCSU) is another resource offered at Bridge to Community Resources where students can see if they qualify for assistance from food to energy bills.
- *During COVID-19*, all communication is online:
 - Office number: **320-204-0086** (Call or Text)
 - Email: bcrscsu@gmail.com or smmoriarty@stcloudstate.edu
- Office Hours: Monday-Friday, 10:00AM - 4:00PM

STEARNS COUNTY HUMAN SERVICES

- Providing financial, food, and medical support, programs, and assistance
- Located: 705 Courthouse Square, St Cloud, MN 56303 (downtown St. Cloud)
- *During COVID-19, there is no walk-in.* You must call **320-656-6000** to get things started.
- Hours: Monday- Friday, 8:00 AM - 4:30 PM



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Housing

CATHOLIC CHARITIES

- Offers services for housing include transitional housing, services for homeless youth, affordable housing, development disability, and mental health housing. *Located 911 18th Street North St. Cloud, MN 56303.
- Phone number: **320-650-1550**
- Email: info@ccstcloud.org

LUTHERAN SOCIAL SERVICES

- Offers services for Adults, Families, and Veterans.
- Other housing and assistance services offered include Affordable Housing, Housing Developers, and Property Owners/Landlords.
- Located 22 Wilson Ave NE, St Cloud, MN 56304
- Phone number: **320-251-7700**

TRI-CAP, INC.

- Housing Services include:
 - Rental Education / Renting 101 class
 - Information on how to find an apartment
 - Information about the common barriers to housing and how to overcome them
 - How to pull your credit, criminal, and civil court records
 - Information on eviction and expungement
- Located at 1210 23rd Ave S, Waite Park, MN 56387
- Phone number: **320-251-1612**



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Housing (cont'd)

PLACE OF HOPE MINISTRIES

- Shelter for those experiencing homelessness (Oct-May)
- Providing a community meal 365 days a year
- Located at 511 9th Ave North, St. Cloud, MN 56303
- Phone number **320-203-7881**

HOMELESS HELPING HOMELESS

- PO Box 475, St. Cloud, MN 56302
- Phone number **612-868-0465** or **320-309-2952**
- Email: hfleegel@aol.com
- Website: homelesshelpinghomeless.org



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Employment

- You can file for unemployment and you will receive benefits if you were laid off due to the virus. The website is <https://www.uimn.org/applicants/howapply/application-process/index.jsp>, or you can apply by calling **651-296-3644** (Twin Cities Area) or **1-877-898-9090** (Greater Minnesota).
- Eligibility Requirements
 - Your benefits are based on the amount of earnings (gross wages) paid to you from all employers during a recent 52-week period.
 - Be legally authorized to work in the U.S.
 - Be unemployed, or working substantially reduced hours, through no fault of your own.
 - Actively seek suitable employment each week.
 - Be able and willing to begin suitable work without delay when offered.

Child Care

These are some businesses that are providing child care during the pandemic:

- Head Start - **320-253-8110**
- Playhouse Child Care Center - **320-534-0174**
- YMCA - **320-253-2664**
- Little Puzzlers - **320-258-7000**
- Lindgren Child Care Center - **320-308-3296**

Public Transportation

- Contact the St. Cloud Metro Bus Station **320-251-1499** and the workers there will direct route.
- Website: <https://www.ridemetrobus.com/home/maps-schedules/#/en/agency/66ad4faa-6da0-410c-8e27-0a5e587ea7d7>
- Note: Please check here for schedule effective March 22nd (reduced schedule)
https://www.ridemetrobus.com/?post_type=post&p=4316



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FAQs for students

What on-campus resources are currently available despite the campus closing?

- CAPS is offering over the phone resources: **Call 320-308-3171.**
- Bridge to Community Resources: **Call or text 320-204-0086.**
- Huskies Food Pantry in the Miller Center is currently open. **Tuesdays 8:30AM - 4:00PM and Fridays 8:30AM-4:00PM**

Can international students access these resources?

Yes, absolutely.

Do I need to pay for resources?

- For food shelf resources, no.
- If you are a student at SCSU, the counseling services at CAPS are free for you to access.

If I can't pay rent, what resources do I have?

- You can apply for unemployment and receive benefits.
- Governor Walz announced that eviction will be on pause so you cannot be evicted at this time. Although you will not be evicted, you will still need to pay your rent. If you have a problem paying rent, please talk with your landlord as soon as possible to try and set something up.

If I don't have health insurance, how can I get it?

- Mid Minnesota Legal Aid: mylegalaid.org
Ask for the navigators and they will guide you and help you with insurance questions and concerns.
- Located 110 6th Ave S #200, St Cloud, MN 56301
- Phone **320-253-0121**